

Half Fast Half 10K

Vadnais Heights

Feb. 19, 2011

Results by Tri Fitness

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

ID#	PLACE	CLASS PLACE	FINISHER	TIME	PACE
Open Men					
173	1	1 M30	chris brown, 36, garfield, mN	38:41.4	5:54
132	2	2 M40	scott davis, 40, maple grove, mN	40:50.6	6:14
Open Women					
172	1	1 W30	kari brown, 33, garfield, mN	43:38.0	6:40
157	2	2 W50	gloria tessier, 52, gem lake, mN	56:17.5	8:36

ID#	PLACE	CLASS PLACE	FINISHER	TIME	PACE
Men Under 20					
127	9	1	alex barrette, 14, houlton, wI	57:01.6	8:42
Men 20 - 29					
171	10	1	Frank Watson, 28	59:18.8	9:03
133	13	2	brandon deboom, 27, kasson, mN	1:04:00.3	9:46
Men 30 - 39					
173	1	1	chris brown, 36, garfield, mN	38:41.4	5:54
128	4	2	mike benz, 36, shoreview, mN	50:27.6	7:42
144	16	3	james lefor, 39, superior, wI	1:09:23.4	10:36
147	17	4	mat lindquist, 33, shoreview, mN	1:09:35.4	10:37
131	19	5	ken chamberlain, 36, wayne, mE	1:12:10.8	11:01
Men 40 - 49					
132	2	1	scott davis, 40, maple grove, mN	40:50.6	6:14
145	3	2	tim leiningner, 41, eagan, mN	45:31.9	6:57
168	5	3	andrew cardinal, 47, hugo, mN	51:02.1	7:47
155	6	4	craig spreiter, 41, hudson, wI	51:12.9	7:49
142	11	5	patrick kaufmann, 43, ramsey, mN	59:21.4	9:04
159	12	6	kris urbach, 40, coon rapids, mN	59:22.2	9:04
129	15	7	gavin brailsford, 47, brooklyn park, mN	1:06:01.0	10:05
140	18	8	mark johnston, 43, robbinsdale, mN	1:09:51.2	10:40
Men 50 - 59					
166	7	1	Jim Barr, 52, white bear lake, mN	52:05.4	7:57
138	8	2	bob hoaglin, 51, lakeville, mN	53:16.0	8:08
167	20	3	bob capes, 56, oakdale, mN	1:24:10.3	12:51
Men 60 & Up					
152	14	1	william ogura, 64, vadnais heights, mN	1:05:14.8	9:58
165	21	2	jerry koziter, 70, saint paul, mN	0	

CLASS

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ID#	PLACE	PLACE	FINISHER	TIME	PACE
Women 20 - 29					
151	4	1	lisa novack, 26, minneapolis, mN	56:41.5	8:39
176	5	2	mikayla meyer, 26, minneapolis, mN	57:02.7	8:43
174	6	3	kelly dolan, 26, madison, wI	57:03.8	8:43
136	7	4	kayla goreham, 25, winstead, mN	57:06.6	8:43
153	12	5	lindsay popham, 25, lino lakes, M	59:23.9	9:04
156	13	6	elizabeth styles, 20, newton square, pA	1:00:15.0	9:12
160	18	7	sarah weiner, 21, ham lake, mN	1:08:04.9	10:24
148	19	8	monique lindquist, 28, shoreview, mN	1:09:34.8	10:37
154	21	9	erin quiring, 28, rochester, mN	1:11:18.2	10:53
Women 30 - 39					
172	1	1	kari brown, 33, garfield, mN	43:38.0	6:40
162	8	2	kate driscoll, 33, hugo, mN	58:59.0	9:00
143	9	3	anna lautenbach, 30, plymouth, mN	59:09.9	9:02
125	15	4	anne anderson, 34, coon rapids, mN	1:04:49.2	9:54
146	16	5	nicole letawsky shultz, 35, st louis park, mN	1:05:53.4	10:04
141	20	6	stephani johnston, 36, robbinsdale, mN	1:09:49.8	10:40
137	22	7	steph hartman, 36, little canada, mN	1:11:41.1	10:57
169	24	8	jennifer olson, 32, lakeville, mN	1:14:32.0	11:23
149	25	9	amy monson, 31, rosemount, mN	1:18:19.3	11:57
150	26	10	megan nordstrom, 33, bloomington, mN	1:27:12.7	13:19
Women 40 - 49					
135	3	1	susan forsythe, 45, wyoming, mN	56:18.9	8:36
164	10	2	michelle popham, 46, lino lakes, mN	59:12.7	9:02
177	11	3	jean diekmann, 47, saint paul, mN	59:18.3	9:03
170	14	4	lisa heller, 44, west saint paul, mN	1:03:50.3	9:45
134	17	5	angela farrington, 41, hugo, mN	1:07:44.3	10:20
158	23	6	lynda tysver, 41, shoreview, M	1:14:01.5	11:18
Women 50 - 59					
157	2	1	gloria tessier, 52, gem lake, mN	56:17.5	8:36

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