

Scare in White Bear - 2010

White Bear Lake, MN

Oct. 30, 2010

ID#	PLACE	CLASS PLACE	FINISHER	TIME	PACE
335	1	1 M20	Sam Janicki, 25	16:50.3	5:26
333	1	1 W20	Susanna Emond, 26*	17:45.7	5:44
332	2	2 W20	Terri Emond, 26*	18:16.4	5:54
960	2	1 M30	Jason Peters, 34, White Bear Lake, MN	19:05.1	6:09
322	3	2 M30	Adam Lushawke, 37	19:52.5	6:25
904	4	3 M30	Chris Jansen, 38, Prescott, WI	20:00.9	6:27
958	5	1 M40	Paul Lahr, 42, Wahkon, MN	20:30.2	6:37
998	3	3 W20	Emily Prall, 25*	20:32.8	6:38
986	6	2 M40	Neil Craigan, 42, Hugo, MN	20:40.1	6:40
936	7	4 M30	Joe Schmitt, 35, White Bear Lake, MN	20:44.1	6:41
969	8	3 M40	Jeff Christensen, 41, Stillwater, MN	20:47.6	6:42
978	9	4 M40	Charles hAwkins, 41, St Louis Park, MN	20:50.9	6:44
872	10	1 M50	Dave Belisle, 51, Somerset, WI	21:10.3	6:50
983	11	2 M20	Michael Tomiak, 22, Lino Lakes , MN	21:33.9	6:57
997	12	5 M40	Roger Hargreaves, 48, Plymouth, MN	21:40.6	7:00
955	13	5 M30	Mat Lindquist, 33, Shoreview, MN	23:16.8	7:31
331	14	3 M20	Patrick Hoban, 28	23:17.2	7:31
875	4	1 W30	Jenni Blair, 38*, Roseville, MN	23:38.7	7:38
334	5	4 W20	Emily McGlynn, 28*	23:47.0	7:40
882	15	1 M60	Tom Couillard, 61, White Bear Lake, MN	24:03.1	7:46
908	6	1 W50	Jeanne Lau, 51*, Vadnais Heights, MN	24:09.9	7:48
972	16	6 M30	Jeremy Hellpap, 33, White Bear Twsp, MN	24:19.8	7:51
992	17	1 JrM	Danny O'Neil, 17, White Bear Lake, MN	24:28.4	7:54
995	18	2 M50	Mike Enz, 57, Arden Hills, MN	24:37.0	7:56
950	7	2 W30	Jennifer Wilke, 35*, White Bear Lake, MN	24:41.8	7:58
971	19	4 M20	Nick Erickson, 28, Mounds View, MN	24:44.9	7:59
961	20	6 M40	B D. Strub, 41, New Brighton, MN	24:55.3	8:02
327	21	5 M20	Bean Montgomery, 25	24:57.4	8:03
937	8	3 W30	Lindsay Schwab, 31*, St Paul, MN	25:03.4	8:05
869	22	3 M50	Ben Barthell, 53, MaplewoodMaplewood, M	25:12.3	8:08
977	23	7 M30	Mike Wren, 38, St Paul, MN	25:16.0	8:09
877	24	4 M50	Gary Carlson, 54, White Bear Lake, MN	25:31.2	8:14
876	9	5 W20	Amanda Carlson, 24*, White Bear Lake, MN	25:31.7	8:14
952	10	4 W30	Mary Jo Wilke, 32*, Wauwatosa, MN	25:43.9	8:18
1000	11	1 W40	Lynnelle Gabriel, 41*, NeW Richmond, WI	26:01.4	8:24
918	25	2 JrM	Josiah Nash, 14, White Bear Lake, MN	26:05.9	8:25
867	12	2 W40	Barb Ankrum, 43*, Vadnais Heights, MN	26:09.4	8:26
932	13	5 W30	Michelle Regan, 32*, Stillwater, MN	26:10.5	8:27
929	14	3 W40	Michelle Popham, 45*, Lino Lakes , MN	26:22.0	8:30
951	26	8 M30	Chris Wilke, 35, White Bear Lake, MN	26:29.9	8:33
953	27	9 M30	Mike Wilke, 32, Wauwatosa, Mn, Mn	26:30.7	8:33

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980	15	6	W20	Terri Marawiecki, 28*, Lino Lakes, MN	26:33.4	8:34
956	16	7	W20	Monique Lindquist, 27*, Shoreview, MN	26:34.3	8:34
915	17	6	W30	Karen McCullough, 37*, Hugo, MN	26:49.2	8:39
306	18	7	W30	Kristen Fleming, 35*	26:51.6	8:40
880	19	8	W30	Angela Churchill, 33*, Birchwood, MN	26:56.9	8:42
921	28	2	M60	Michael Oneil, 62, St Paul, MN	27:08.4	8:45
928	20	9	W30	Megan Perry, 30*, Little Canada, MN	27:12.1	8:46
309	29	7	M40	Kevin Hinze, 49	27:14.1	8:47
889	21	2	W50	Terry Ferrozzo, 50*, Roseville, MN	27:24.7	8:51
329	30	8	M40	Max Goralnick, 41	27:37.9	8:55
330	31	3	JrM	Gavin Goralnick, 9	27:38.5	8:55
935	22	3	W50	Michel Sanders, 56*, St Paul, MN	27:49.6	8:59
940	23	10	W30	Randi Setter, 36*, , MN	27:52.2	8:59

962	32	10	M30	Kris Urbach, 39, Coon Rapids, MN	27:58.1	9:01
901	24	4	W40	Kathy Howe, 40*, Forest Lake, MN	27:59.9	9:02
304	25	8	W20	Lindsay Popham, 24*	28:01.4	9:02
982	26	9	W20	Chelsey Straight, 22*, Ham Lake, MN	28:03.9	9:03
324	33	4	JrM	Dalton Keup, 12	28:07.0	9:04
323	27	5	W40	Lisa Goepfert, 48*	28:08.5	9:05
307	34	9	M40	Todd Larson, 41	28:15.2	9:07
308	28	1	JrW	Claire Larson, 9*	28:20.2	9:08
966	29	2	JrW	Meg Schuefer, 10*, White Bear Lake, MN	28:20.9	9:09
967	35	10	M40	Scott Schuefer, 41, White Bear Lake, MN	28:35.4	9:13
968	36	5	JrM	Max Schuefer, 9	28:35.9	9:13
907	30	10	W20	Ashlee Karasch, 22*, Roseville, MN	28:36.4	9:14
892	31	11	W30	Leslie Gorman, 32*, Stillwater,	28:59.0	9:21
927	32	3	JrW	Isabel Pankow, 10*	29:19.9	9:28
957	33	6	W40	Jennifer Fischer, 40*, White Bear Lake, MN	29:23.9	9:29
870	34	7	W40	Kelly Beaudoin, 44*, Maplew, MN	29:33.4	9:32
987	37	11	M30	John Vette, 32, Forest Lake, MN	29:34.9	9:33
965	38	3	M60	John Swenson, 99	29:41.4	9:35
900	35	12	W30	Catherine Houghtaling, 31*, New Hope, MN	29:42.2	9:35
976	36	4	JrW	Julia Strautman, 12*, St Paul, MN	29:52.7	9:38
303	37	5	JrW	Michaela Craigan, 11*	30:03.1	9:42
326	38	11	W20	Allison Santarshero, 23*	30:11.3	9:44
895	39	12	W20	Bridget Halverson, 20*, Andover, MN	30:12.1	9:45
945	40	13	W30	Jarin Weiss, 34*, Stillwater, MN	30:13.8	9:45
939	41	8	W40	Cynthia Scherzer, 42*, Shoreview, MN	30:38.1	9:53

873	42	9	W40	Redell Benhamin, 49*, Lino Lakes, MN	31:21.8	10:07
979	43	13	W20	Lindsey Leonard, 24*, St Paul, MN	31:28.1	10:09
301	44	14	W20	Liz Jensen, 24*	31:28.7	10:09
943	45	15	W20	Julie Theis, 26*, Circle Pines, MN	31:30.4	10:10
899	39	12	M30	Nathan Hollman, 35, Dresser , WI	31:38.2	10:12
877	40	5	M50	Gary Carlson, 54, White Bear Lake, MN	31:59.4	10:19
883	46	16	W20	Mindy Daugherty, 29*, White Bear Lake, MN	32:00.1	10:19
302	47	6	JrW	Claire Craigan, 13*	32:07.7	10:22
893	48	7	JrW	Jessica Hagstrom, 12*, Mahtomedi, MN	32:11.0	10:23
894	49	10	W40	Joan Hagstrom, 43*, Mahtomedi, Mn, Mn	32:13.8	10:24
884	50	17	W20	Leah Dupre, 26*, Hugo, MN	32:32.4	10:30
885	41	6	M50	David Dupre, 56, White Bear Lake, MN	32:32.7	10:30
934	51	8	JrW	Haleigh Roust, 19*, Vadnais Heights, MN	32:33.0	10:30
886	52	9	JrW	Katie Ertle, 10*, White Bear Lake, MN	32:45.3	10:34
926	53	10	JrW	Sophie Palma, 10*	32:45.9	10:34
887	54	11	W40	Molly Ertle, 40*, White Bear Lake, MN	32:56.0	10:37
925	55	1	W60	Barb Palma, 99*	33:00.8	10:39
990	56	11	JrW	Jaclyn Daub, 16*, White Bear Lake, MN	33:01.1	10:39
991	57	4	W50	Jerene Bailey, 51*, White Bear Lake, MN	33:01.5	10:39
919	58	5	W50	Carla Nielsen, 53*, White Bear Lake, MN	33:02.5	10:40
988	59	6	W50	Sheila Sullivan, 51*, White Bear Lake, MN	33:03.4	10:40
993	42	7	M50	John O'Neil, 52, Maplewood, MN	33:06.7	10:41
310	60	7	W50	Denise Auge, 53*	33:10.7	10:42
970	61	18	W20	Anna Englund, 28*, Mahtomedi, MN	33:15.2	10:44
325	43	11	M40	John Gomez, 43	33:25.2	10:47
917	62	14	W30	Lisa Marie Miller Selln, 39*, Vadnais Heights, MN	33:33.5	10:50
974	44	13	M30	Chris Sitek, 36, White Bear Twsp, MN	33:48.3	10:54
920	63	2	W60	Barb Olund, 61*, White Bear Lake, MN	33:53.0	10:56
964	64	12	JrW	Emma Friedman, 11*, Hugo, MN	33:54.0	10:56
878	45	8	M50	Bob Chad, 53, Woodbury, MN	34:00.6	10:58

949	65	12	W40	Susan Westbrook, 41*, Dellwood , Mn, Mn	34:05.6	11:00
948	46	4	M60	Bill Westbrook, 65, Dellwood , MN	34:06.5	11:00

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933	66	15	W30	Cindi Rella, 36*, Spring Lake Park, MN	34:14.9	11:03
946	67	13	W40	Laurie Wener, 46*, White Bear Lake, MN	34:28.6	11:07
947	68	13	JrW	Lillian Wenker, 10*, White Bear Lake, MN	34:29.3	11:07
903	47	6	JrM	Carter Jansen, 9	34:35.1	11:09
905	69	16	W30	Michelle Jansen, 38*, Prescott, Wi, Wi	34:36.0	11:10
328	70	14	W40	Ginny Hansen, 49*	34:47.4	11:13
959	48	14	M30	Dustin Persson, 30, Oakdale, MN	34:59.9	11:17
973	71	19	W20	Rachel Mork, 25*, Apple Valley, MN	35:00.9	11:18
981	72	15	W40	Andrea Pettigrew-Kho, 40*, Greenville, SC	35:07.8	11:20
985	73	17	W30	Christy Gutt, 31*, White Bear Lake, MN	35:18.2	11:23
954	74	16	W40	Debbie Staedt, 43*, White Bear Lake, MN	35:34.2	11:28
910	75	18	W30	Stephanie Lohman, 35*, Hugo, MN	36:06.0	11:39
881	76	19	W30	Molly Combs, 30*, Hugo, MN	36:06.6	11:39
879	77	20	W20	Kelly Chad, 26*, Blaine, MN	36:10.3	11:40
315	78	8	W50	Carol Machemer, 54*	36:11.3	11:40
314	79	9	W50	Kathy Lloyd, 51*	36:14.2	11:41
913	80	20	W30	Olivia Manke, 32*, White Bear Lake, MN	36:17.1	11:42
912	49	15	M30	Kurt Manke, 32, White Bear Lake, MN	36:17.7	11:42
312	50	16	M30	Jose Giron, 30	36:34.3	11:48
963	81	17	W40	Lisa Westman, 49*, White Bear Lake, MN	36:37.9	11:49
311	82	21	W20	Aly Linstrad, 24*	36:38.8	11:49
896	83	21	W30	Monica Handlos, 34*, St Paul, MN	36:48.6	11:52
902	84	18	W40	Maria Jackson, 42*, White Bear Lake, MN	36:49.2	11:53
975	51	7	JrM	Drew Strautman, 9	36:59.6	11:56

994	85	22	W20	Jessie Wuollet, 29*	37:11.2	12:00
897	52	6	M20	Aaron Hazen, 25, Burnsville, MN	37:21.7	12:03
931	86	23	W20	Tessah Prenier, 22*, Burnsville, MN	38:02.9	12:16
313	87	14	JrW	Madisen Crow, 15*	38:19.2	12:22
305	88	15	JrW	Carly Nelson, 17*	38:33.4	12:26
941	53	5	M60	Frank Shima, 62, Pine Springs, MN	38:34.3	12:27
942	89	10	W50	Michelle Stermer, 51*, Lakeville, MN	39:00.4	12:35
320	90	24	W20	Jen Wilson, 28*	39:01.0	12:35
321	54	7	M20	Aaron Wilson, 28	39:11.1	12:38
319	91	22	W30	Jenelle Wilson, 32*	39:12.4	12:39
874	92	25	W20	Amy Bergsbaken, 23*, St Paul, MN	39:16.0	12:40
938	55	17	M30	Mike Shepard, 36, Hugo, MN	39:21.2	12:42
909	93	23	W30	Niki Linden, 34*, Hugo, MN	39:35.6	12:46
891	94	24	W30	Jen Finger, 36*, White Bear Lake, MN	39:35.9	12:46
914	95	19	W40	Becky McCoy, 49*	39:36.3	12:47
898	96	3	W60	Georgie Hilker, 61*, White Bear Lake, MN	40:04.2	12:56

Pace: [2:00](#) | [3:00](#) | [4:00](#) | [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [Top](#)

984	97	11	W50	Mary Sauer, 53*, White Bear Lake, MN	40:24.2	13:02
888	98	26	W20	Naomi Evans, 26*, St Paul, MN	40:24.9	13:02
943	99	27	W20	Julie Theis, 26*, Circle Pines, MN	40:29.8	13:04
318	100	12	W50	Yvette Dufresne, 59*	40:30.2	13:04
916	56	9	M50	David Merideth, 59, Lino Lakes, MN	41:38.2	13:26
923	101	20	W40	Linda Osterbauer, 48*, White Bear Lake, MN	43:03.7	13:53
999	102	21	W40	Peggy Prall, 49*	43:04.1	13:54

922	103	4	W60	Marla Ordway, 62*, White Bear Lake, MN	45:34.1	14:42
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316	104	22	W40	Susanne Grinder, 47*	47:06.1	15:12
996	105	13	W50	PamENZ, 57*, Arden Hills, MN	47:06.8	15:12

890	57	10	M50	Terry Ferrozzo, 51, Roseville, MN	50:54.0	16:25
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* indicates females
 7 finishers among Men Under 20
 7 finishers among Men 20 - 29
 17 finishers among Men 30 - 39
 11 finishers among Men 40 - 49
 10 finishers among Men 50 - 59
 5 finishers among Men 60 & Up
 15 finishers among Women Under 20
 27 finishers among Women 20 - 29
 24 finishers among Women 30 - 39
 22 finishers among Women 40 - 49
 13 finishers among Women 50 - 59
 4 finishers among Women 60 & Up

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57 male finishers
105 female finishers
162 total finishers
